# Your Extension Care Guide

# Brush, Brush, Brush

Brush your extensions often, starting from the bottom and moving upwards to avoid pulling and damaging the hair.

Always brush before showering to minimize tangles.

Use a high-quality boar bristle brush for dry hair to maintain shine and a natural appearance.

# Water and Your Extensions

### in shower

Use your suggested Davines shampoo and conditioner found in your personalized post visit email. These products are great because they provide lightweight conditioning without buildup.

If you have two rows, separate the top from bottom to ensure you're thoroughly cleaning the scalp.

### post shower

After showering, use a wet brush or widetooth comb for gentle detangling. **Apply a leave-in conditioner** like <u>Oi Milk</u> to keep your extensions hydrated and manageable.

Don't let your extensions air dry. Hair is more elastic and fragile when wet, and moisture trapped at the weft can lead to scalp irritation or even mold.

Always gently towel dry and then follow up with a blow dryer.

### can i go swimming?

Before entering a pool, wet your hair in the shower and apply a layer of leave-in conditioner or a regular conditioner. This helps protect your hair from chlorine and other harsh chemicals.

However, it's best to limit exposure of your extensions to pool water(and reservoir water!).

You must never use any sunscreens with the ingredients:
Avobenzone (Butyl Methoxydibenzoylmethane) or Octocrylene. Both will turn your extensions orange. I will not be able to replace or refund hair that is damaged in this way

# Heat and Your Extensions

**Always use thermal protectant when using hot tools** - even if you are styling your hair hours/days after the initial blow dry

### Never set any hot tool to over 360°

If your hot tool does not have a digital reading I recommend upgrading to one that does.

Always make sure your hair is 100% dry before using a hot tool. Failing to do so can cause damage.

If you plan to style a day or more after the initial wash/blow dry you must not use excessive product especially hairspray. Doing so can burn your hair and dry it out excessively.

If your hair is wet, I love <u>This is a Blow Dry</u> Primer.

If your hair is dry, I love <u>Neuro Heat CTRL</u>

### Your New Bestie, Oi Oil

And of course don't forget your Oi Oil. Use this at least once daily, it's hard to over use! This water soluble, light weight oil can be used as often as desired and won't build up and dry out your hair over time like other oils. This has been my trusty secret weapon for the last 10 years!

### Good Night, Sleep Tight

Opt for protective styles like a **braid** or heatless curls when going to bed, and use a silk pillowcase to reduce tangling.

And once again, brush your hair before bedtime and upon waking to maintain its smoothness

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